



Fermentation against *Bacillus cereus* in Plant-Based Foods

World Food Safety Day:
Innovation CATALYSEs Food Safety, Bridging Science & Practice
08.06.2026

Verena Looser



Case study – Melting plant-based alternative made from fermented sunflower oilseed cake

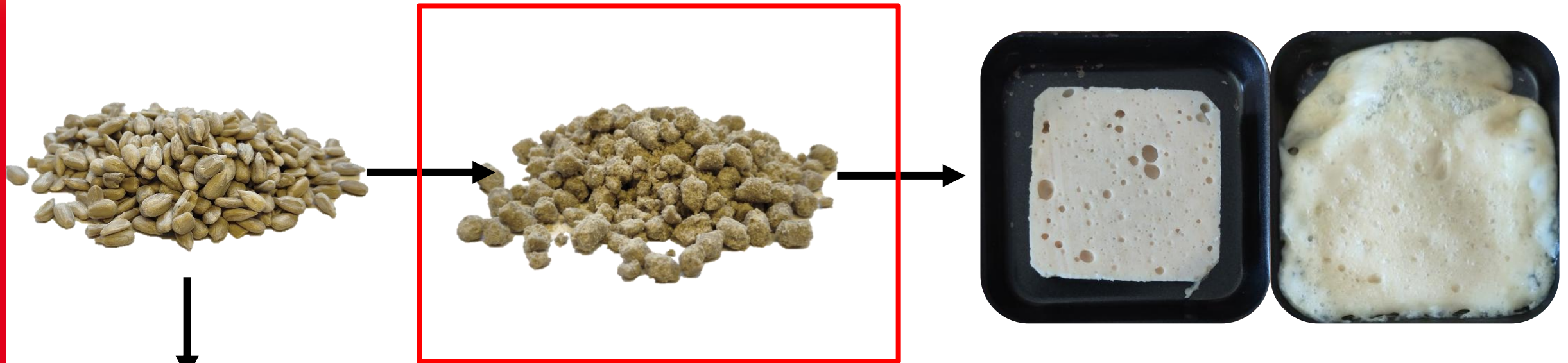
Innovation project supported by



Schweizerische Eidgenossenschaft
Confédération suisse
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Confederaziun svizra

Swiss Confederation

Innosuisse – Swiss Innovation Agency



sunflower seed oil

Raclette experience (melting)
unique flavour (not an imitation)



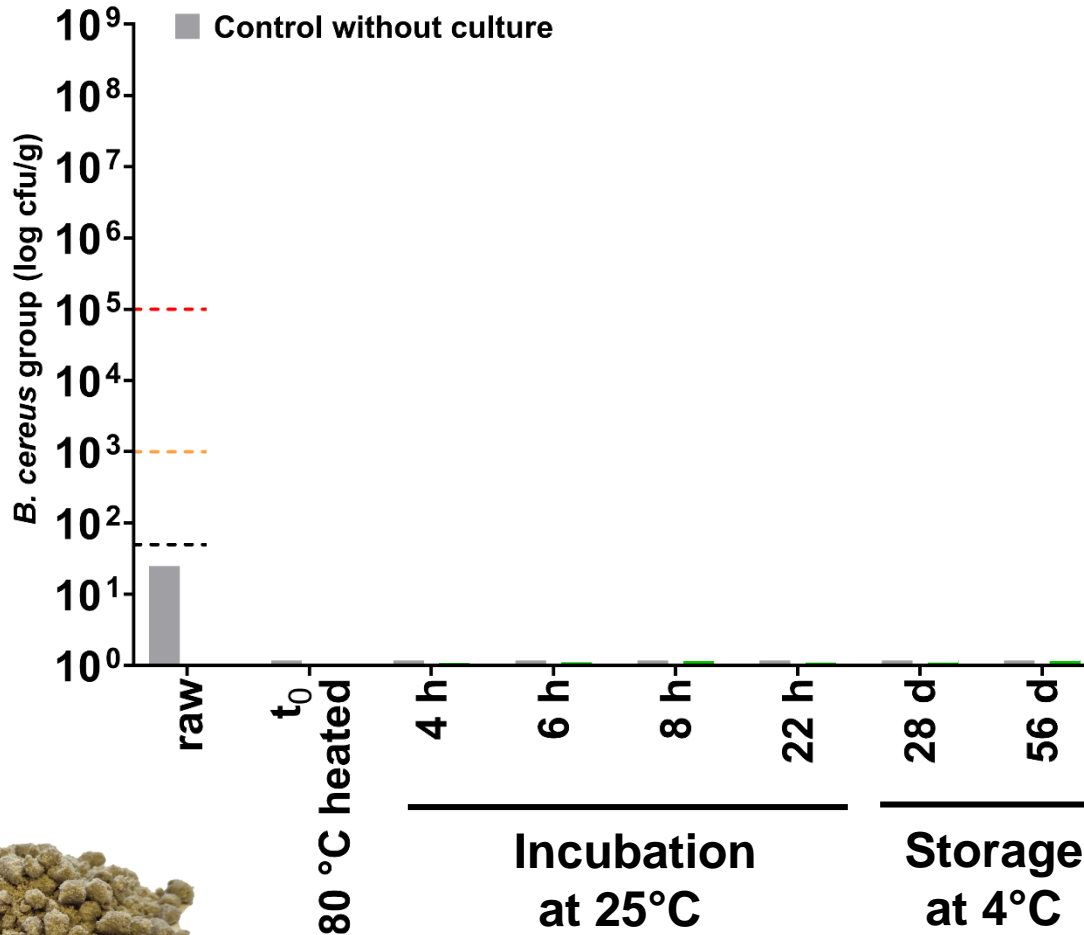
Bacillus cereus group



- **Spore-forming** bacteria
- **> 10⁵ CFU/g *B. cereus* potentially produce heat-resistant toxins** in food or in the small intestine in quantities that cause symptoms of illness
- **< 1000 CFU/g considered safe**
- Soil, the primary reservoir of *Bacillus spp.*, makes plant ingredients prone to such contamination



Bacillus cereus contamination in raw press cake was below the quantification limit



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

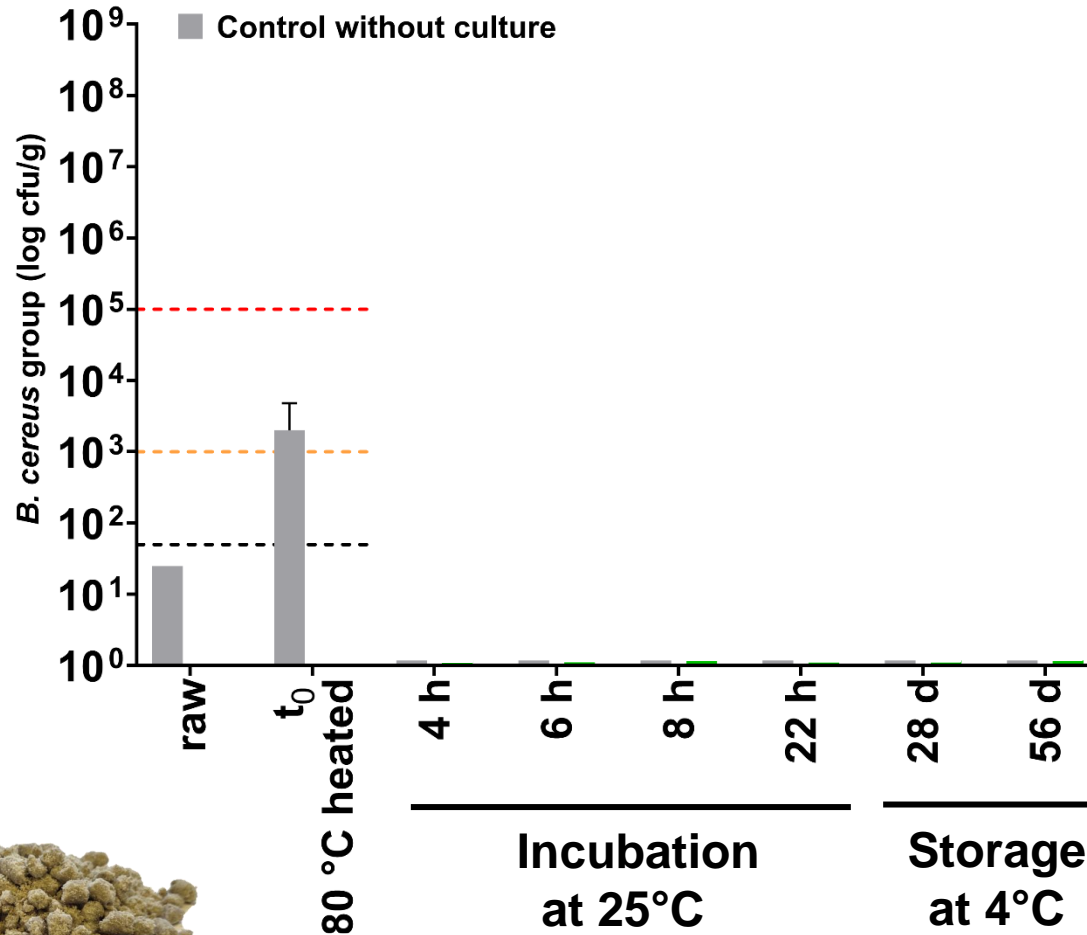
Quantification limit 50 CFU/g
(<50 = 25)



40% press cake
in water



Increased *B. cereus* after heat treatment



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
(<50 = 25)

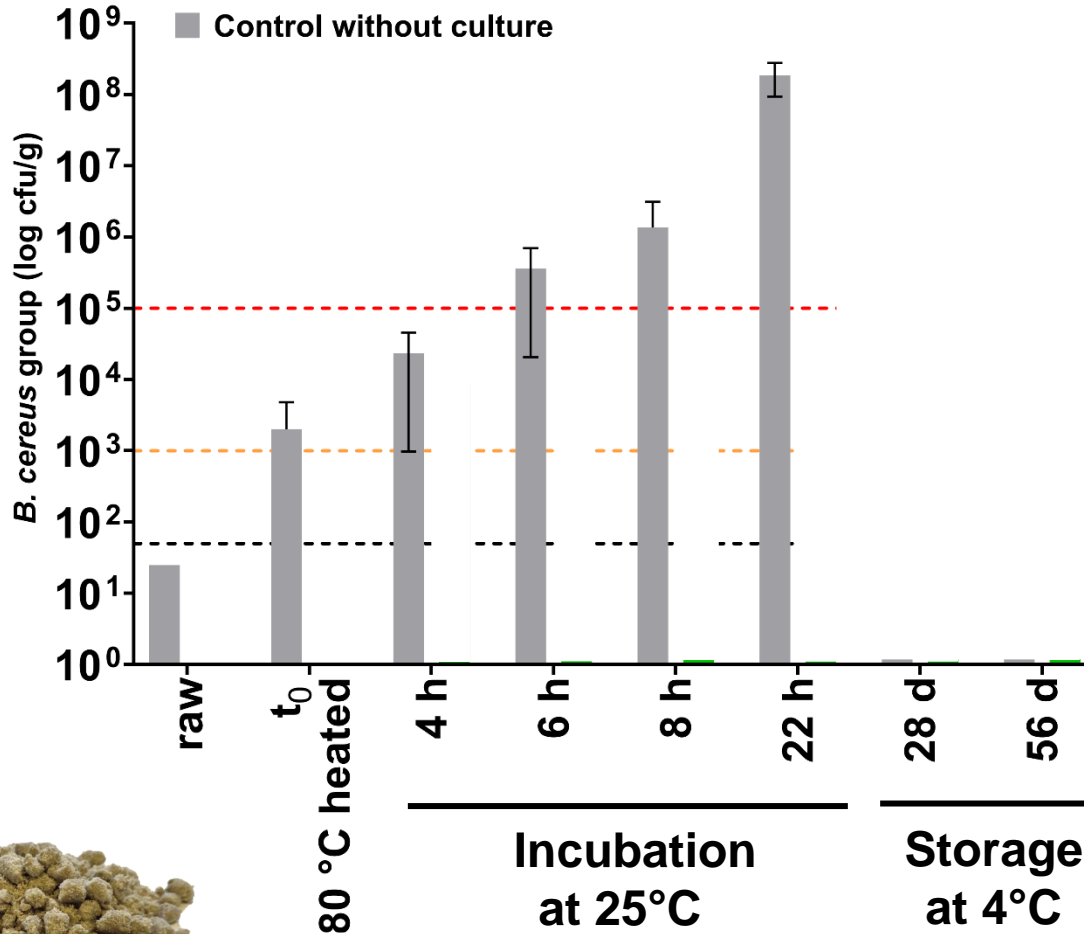


40% press cake

in water 80 ± 3°C, 3min



Potential toxin forming counts > 10⁵ CFU/g after 6h at 25°C



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
(<50 = 25)

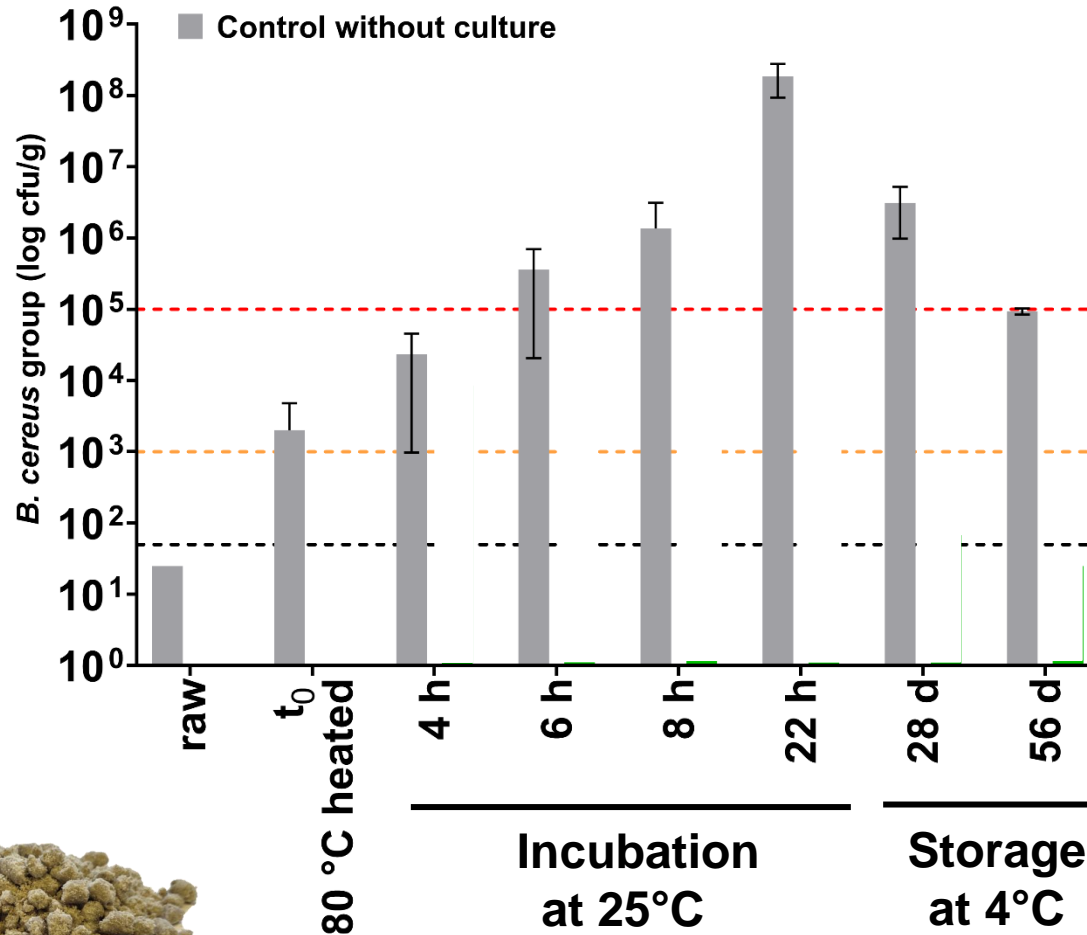


40% press cake

in water 80 ± 3°C, 3min



Decrease during storage at 4°C



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
(<50 = 25)



40% press cake

in water 80 ± 3°C, 3min

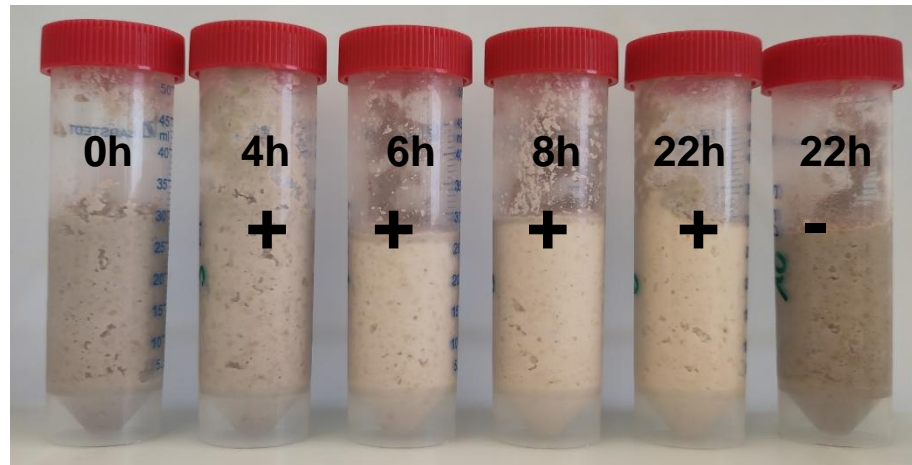


Lactic acid fermentation of sunflower press cake

Lactococcus lactis spp.-based starter culture



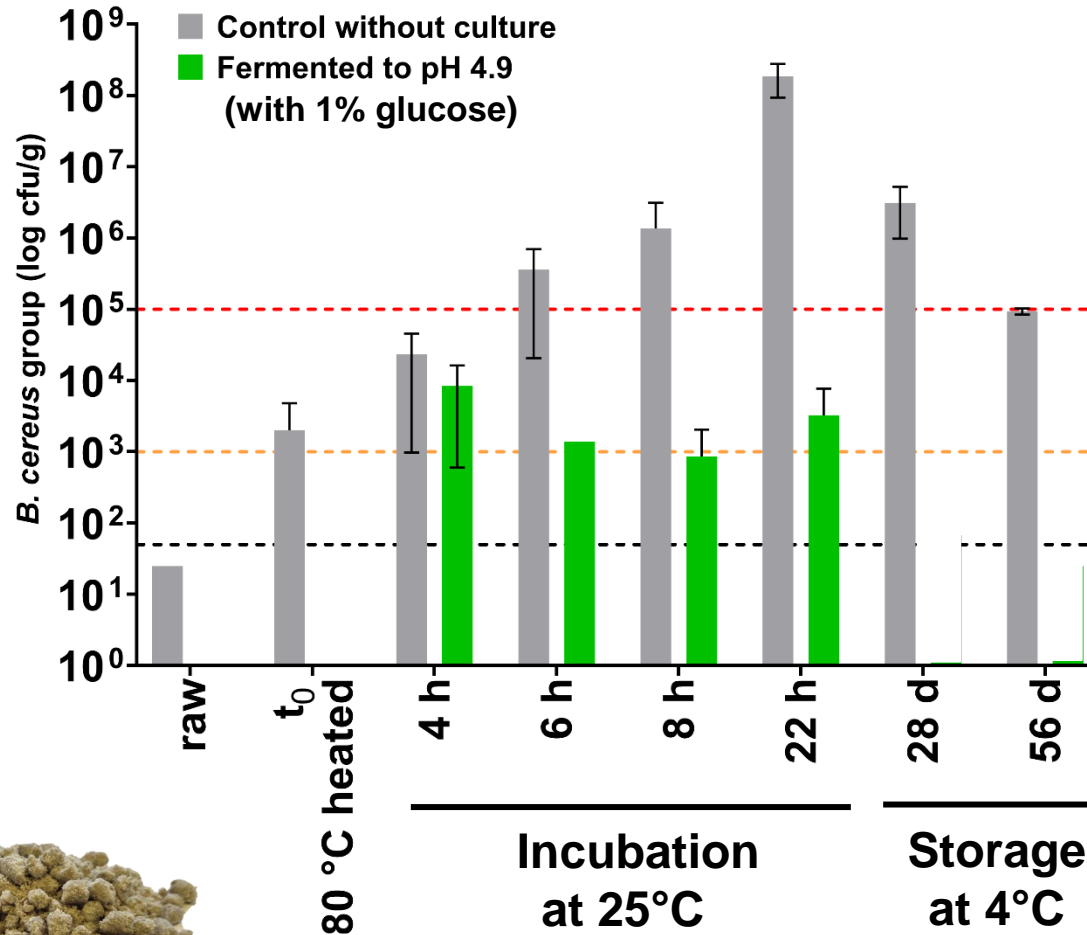
- Unable to degrade available sugar sucrose
- Addition of glucose necessary → enables adjustment of desired pH-value
- During fermentation buttery aroma (diacetyl) is produced
- Improved colour by fermentation



- Fermentation inhibited growth of spore-forming *Bacillus cereus*



Inhibition of *Bacillus cereus* growth during fermentation to pH 4.9



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
(<50 = 25)

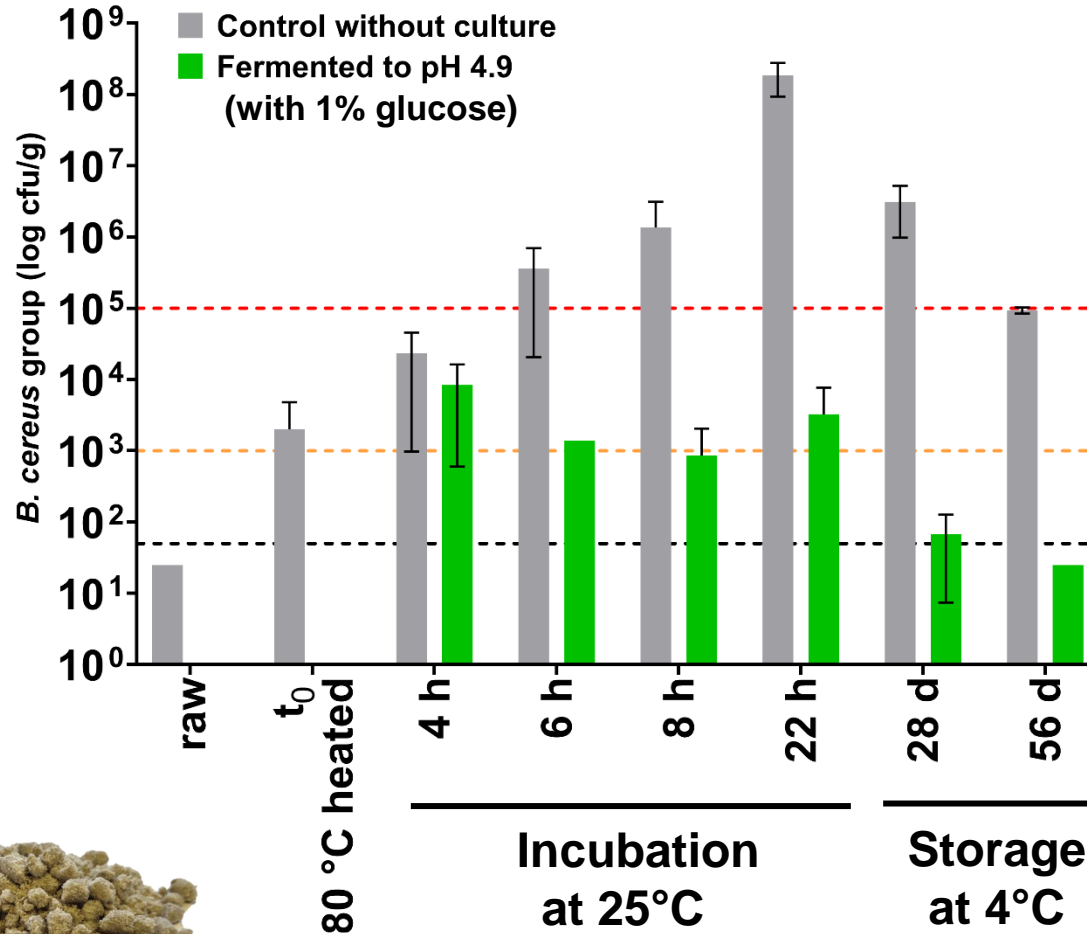


40% press cake

in water 80 ± 3°C, 3min



Decrease during storage at 4°C



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
(<50 = 25)

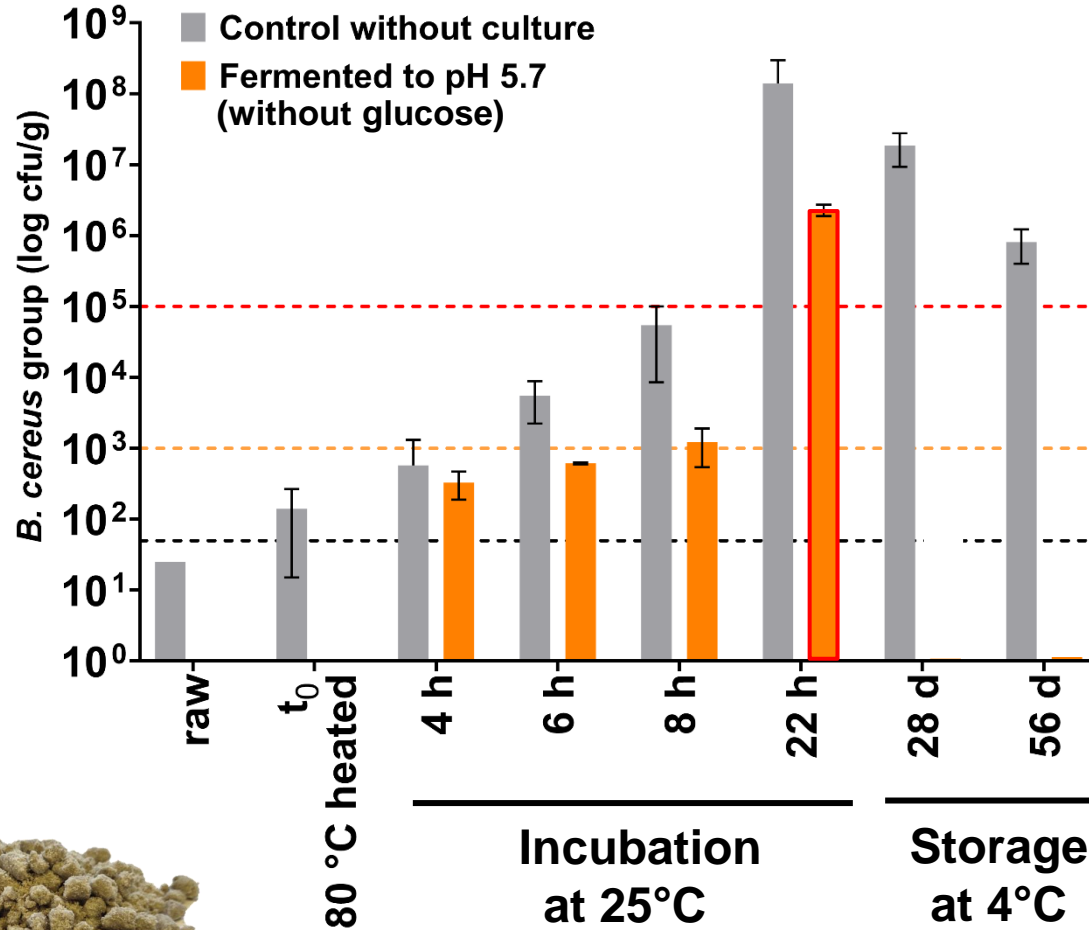


40% press cake

in water 80 ± 3°C, 3min



Insufficient inhibition during fermentation to pH 5.7 (without glucose addition)



Toxin formation $> 10^5$ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
($<50 = 25$)

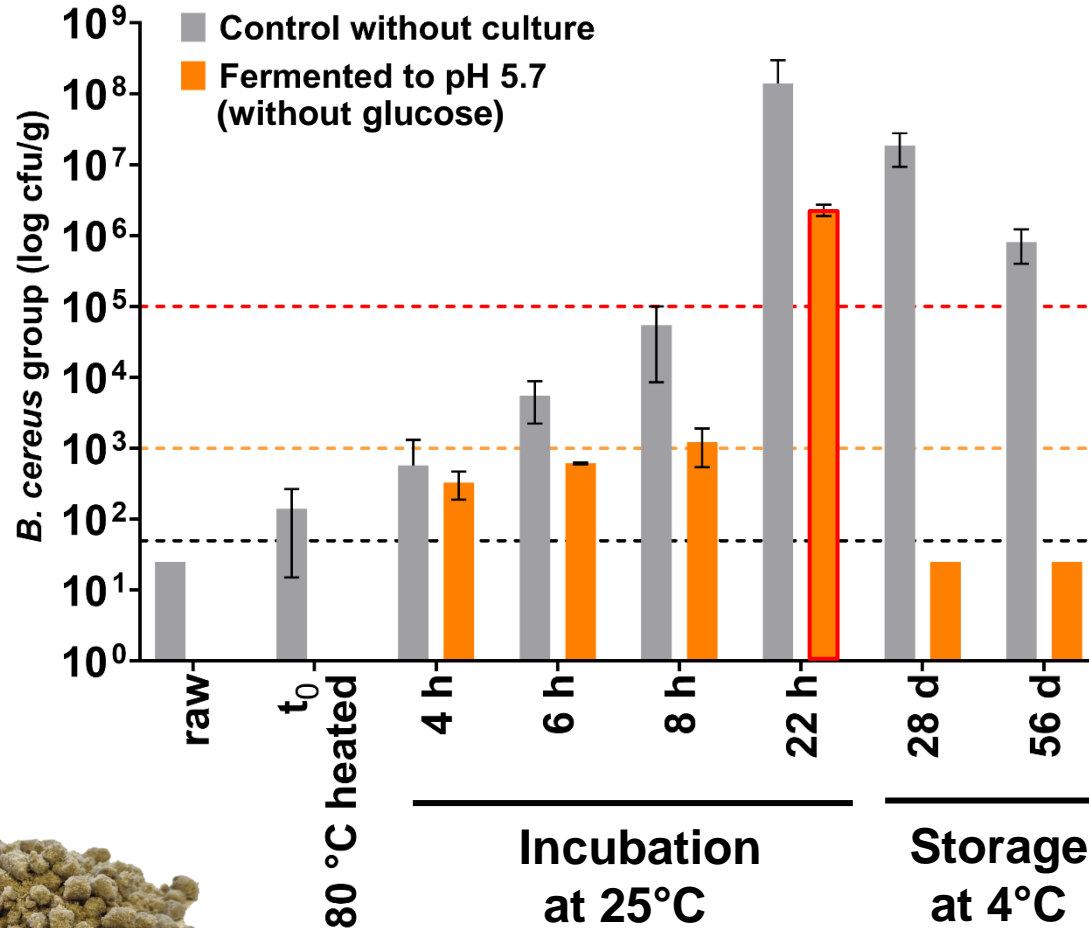


40% press cake

in water $80 \pm 3^\circ\text{C}$, 3min



Strong decrease of *B. cereus* during storage – Risk underestimated by post-storage analysis



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
(<50 = 25)

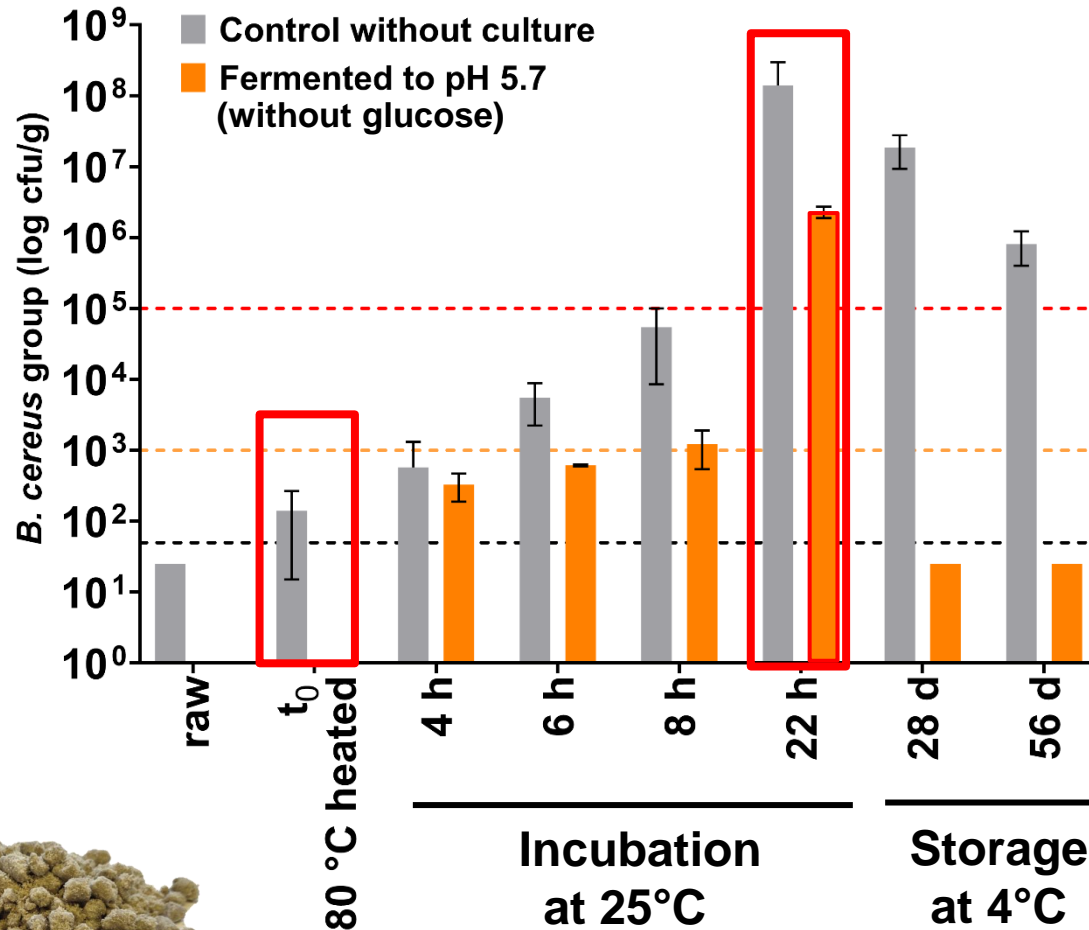


40% press cake

in water 80 ± 3°C, 3min



Monitoring *B. cereus* counts after heat treatment and fermentation is recommended



Toxin formation > 10⁵ CFU/g

Considered safe < 1000 CFU/g

Quantification limit 50 CFU/g
(<50 = 25)



40% press cake

in water 80 ± 3 °C, 3min





Future Foods

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In Press, Journal Pre-proof [?](#) [What's this?](#)



Inhibition of *Bacillus cereus* growth by fermentation of sunflower seed oil press cake for cheese alternatives

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Elvira Wagner, Jörg Hummerjohann, Lotti Egger, Helena Stoffers,
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Hans-Peter Bachmann, Ghazal Nemati



Highlights

- *B. cereus* contamination in raw press cake was below the quantification limit.
- Vegetative growth of *B. cereus* occurred after heat treatment of press cake.
- *B. cereus* growth was inhibited by lactic acid fermentation to pH 4.9.
- *B. cereus* decreased at one- and two-month storage at 4°C, without forming spores.
- Monitoring *B. cereus* counts after heat treatment and fermentation is recommended.



Project team and funding



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

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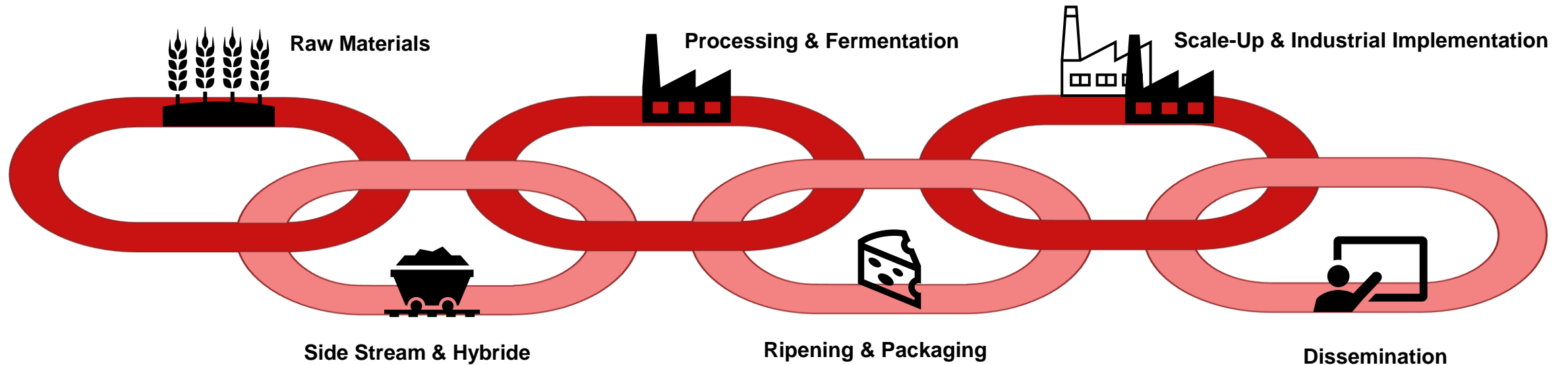
Seiler Käserei AG

Ölmühle Florin AG



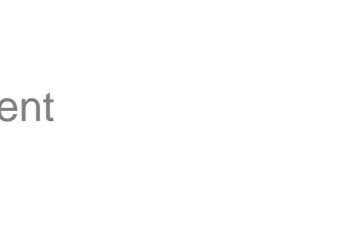
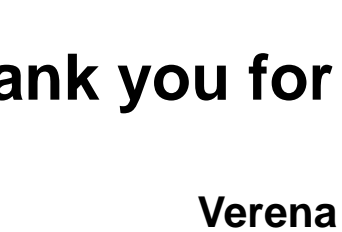


Future projects at Agroscope



Improving food safety in plant-based alternatives (SAFE-Reifka)

Platform for ripening plant-based cheese alternatives from local raw materials (ReifKA)



Thank you for your attention

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Agroscope good food, healthy environment

www.agroscope.admin.ch

